

TotalCare eHealth Announces Completion of Sleep Apnea Continuum and First Primary Care Pilot

BROOMFIELD, Colorado June 25th, 2016 - TotalCare eHealth announced today that it has completed the development of its Sleep Apnea Continuum of Care Program and launched its first primary care pilot location. The program improves the efficiency and effectiveness of obstructive sleep apnea (OSA) screening, diagnosis, and therapy for patients and their healthcare providers. TotalCare is the first to provide a single, digitally-connected patient experience throughout the complete continuum of care. The TotalCare eHealth platform combines outcomes-based patient management protocols and a proprietary 'eHealth operating system' to increase patient engagement, improve outcomes, and reduce cost.

"We're very excited to launch our OSA continuum program in our first primary care pilot location, South Pointe Clinics in Lafayette, Colorado" says Doug Hudiburg, CEO of TotalCare eHealth, a Broomfield Colorado startup technology company. "We've always known that the key to effective sleep apnea management is at the primary point of care, and we are thrilled to have an enthusiastic partner in this pilot. South Pointe understands the importance of reaching the un-diagnosed sleep apnea population within their current patient population and within their community in general."

There are approximately 40 million sufferers of sleep apnea in the United States (about 20% of the adult population). People with untreated sleep apnea stop breathing repeatedly during their sleep, sometimes hundreds of times during the night and often for a minute or longer. When the brain detects a lack of oxygen, it rouses the sleeper, usually only partially, to signal breathing to resume. As a result of restricted breathing, the sleep apnea sufferer's blood oxygen dips below healthy levels with enough frequency to impact the health of their heart and other vital organs. Also, sleep apnea causes extremely fragmented and poor quality sleep. Untreated sleep apnea is a serious condition that can lead to diabetes, high blood pressure, depression, heart disease, obesity and stroke.

The vast majority (approximately 75%) of sleep apnea sufferers remain undiagnosed and therefore untreated. Sleep apnea is most commonly treated with Continuous Positive Airway Pressure (CPAP) therapy, or Oral Appliance Therapy.

"As a new owner of a community primary care clinic, as well as a practitioner, I know that 30% or more of my adult patients are likely to suffer from sleep apnea. With the TotalCare program we can screen every adult patient, manage consultations and evaluations efficiently, provide quick access to low-cost home sleep testing, and easily prescribe the appropriate therapy for patients who test positive for sleep apnea." Says John Hundley, PA-C, owner of South Pointe Clinics.

The goals of the TotalCare Sleep Apnea Continuum of Care program are the following:

- Digitally-connect patient, physician, diagnostics provider, and sleep apnea therapy provider under one HIPAA, HI-TECH, and MARS-E compliant continuum of care

- Improve key outcomes: hospital re-admissions, patient satisfaction, physician & provider ratings, profit per patient, and others
- Reduce 'net cost' and 'time to therapy' for patients with OSA
- Improve OSA continuum of care and maximize patient adherence to therapy
- Collect usage and outcomes data and provide summary and detail reporting
- Ensure effective follow-up, patient communications, and support with participating providers

For more information about TotalCare eHealth and the TotalCare Sleep Apnea Continuum program, visit <https://TotalCareEHealth.com>

If you have a sleep issue, or think you may be suffering from a sleep disorder, visit <http://SleepHealthAssessment.com> for a free sleep health assessment.

South Pointe Clinics

South Pointe Clinics is a multi-specialty primary care clinic in Lafayette, Colorado. South Pointe serves their community with a variety of healthcare services including family practice, walk-in urgent care, occupational health and certified physicals, chiropractic, physical therapy and holistic health. South Pointe's experienced providers have expertise in a wide range of medical treatments.

'South Point Clinics' is a trademark of South Pointe Clinics.

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TotalCare eHealth

TotalCare eHealth is a technology-based healthcare company that is focused on improving healthcare in the United States through a patient-centered approach. The company is headquartered in Broomfield, Colorado with a growing network of therapy providers and clinicians throughout the US.

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